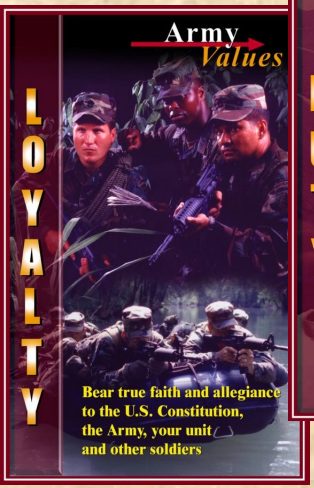
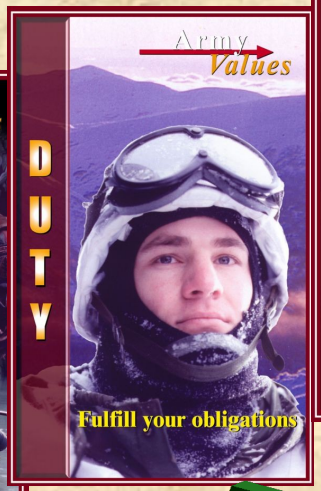
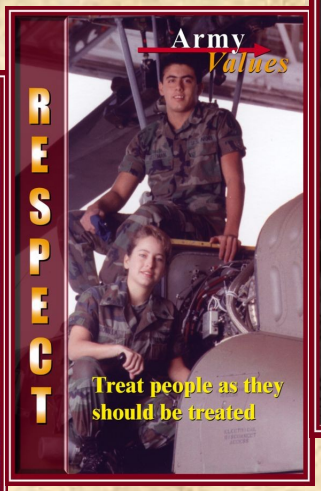
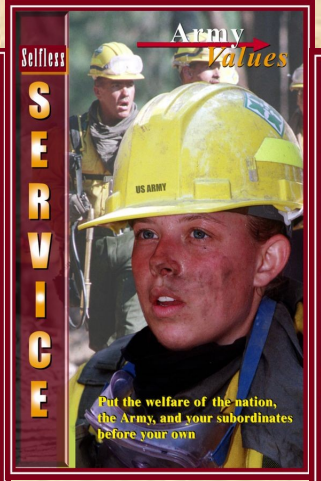
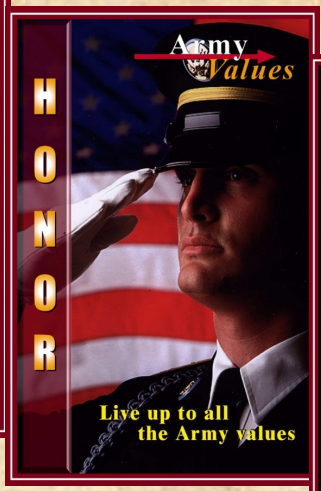
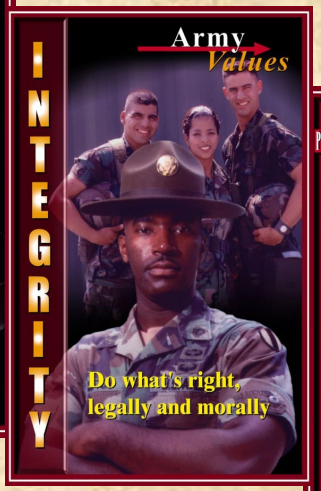


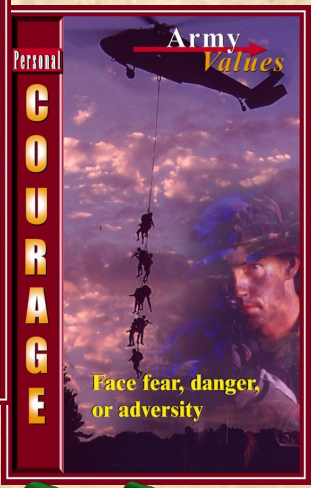












ARMY VALUES

APPLIED TO

DRUGS & ALCOHOL

Army Values

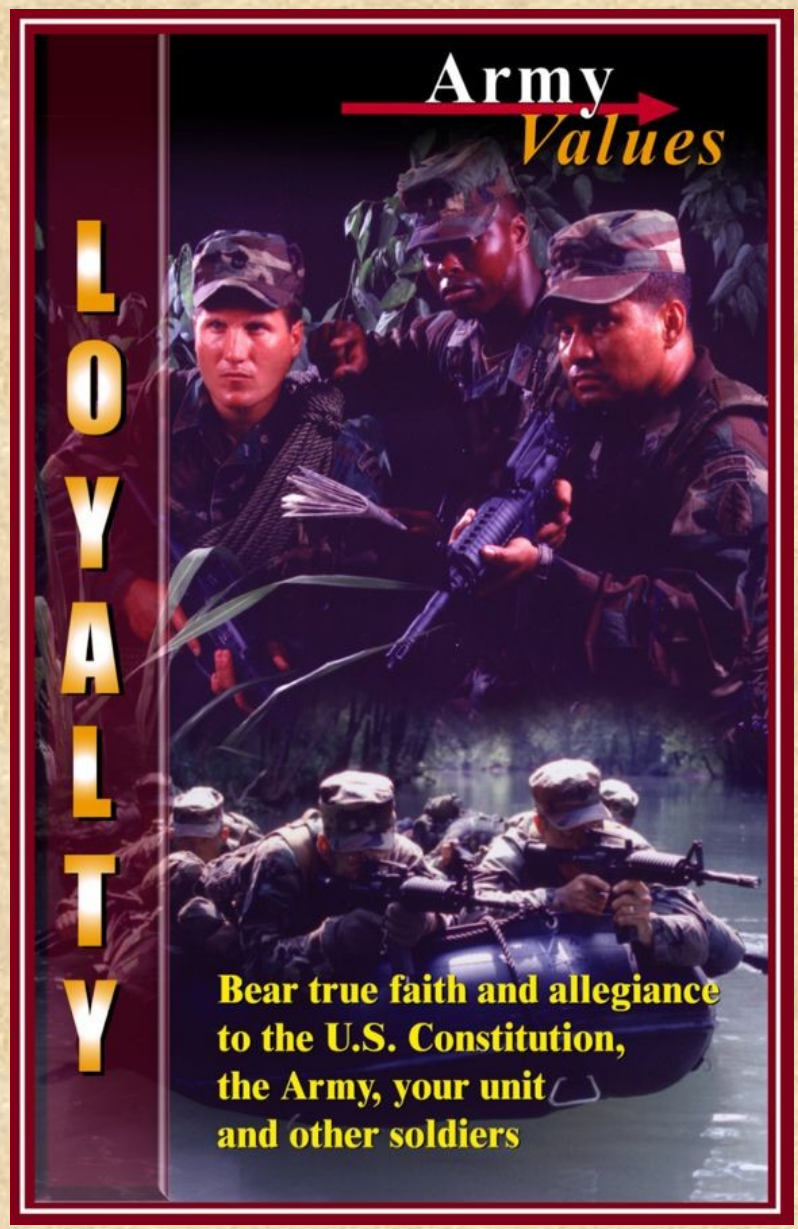
- **Every soldier needs to demonstrate the Army core Values in his/her personal behavior.**
  - **On and off duty.**
  - **On and off post.**
  - **24 hours a day, 7 days a week.**

Drugs and Alcohol

- Soldiers will not ingest, consume, or distribute substances that are deemed illegal by the United States Government.
- Soldiers will not use prescription medications that were not prescribed for them.
- Soldiers will not report for duty with a Blood Alcohol Concentration (BAC) of 0.05% or Higher. (Provided the soldier has a reasonable knowledge that he/she had to work)
- Soldiers will not allow alcohol use to affect their job performance (Alcohol abuse).
- Soldiers under the age of 21 will not drink alcohol (CONUS).
- Soldiers will not provide alcohol to soldiers that are under the age of 21 (CONUS)

Army Values VS Drugs & Alcohol

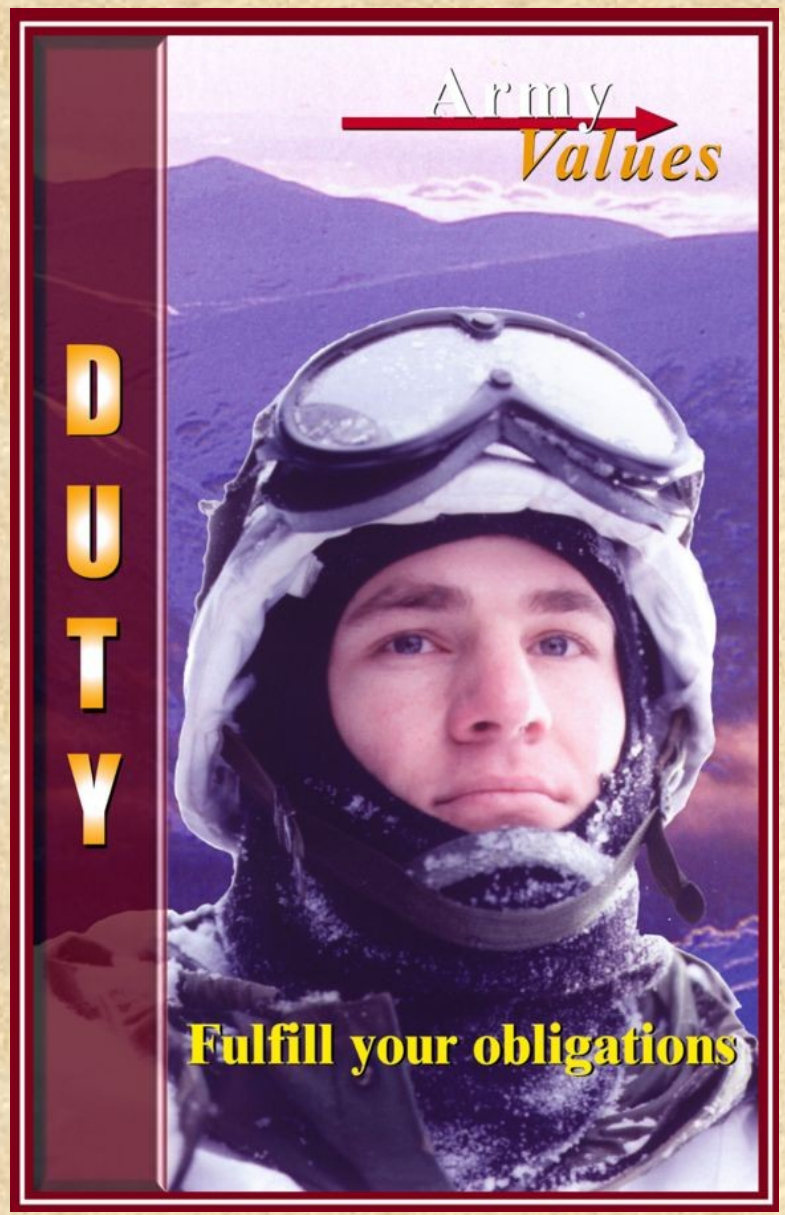
LOYALTY



- Demonstrate your Loyalty to America, the Army, your unit, and other soldiers by not abusing drugs or alcohol.
- Demonstrate Loyalty by understanding that substance abuse stems from irresponsible behavior.
- Exhibit Loyalty by withstanding peer pressure to abuse drugs or alcohol.
- Exhibit Loyalty by cautioning other soldiers against abusing drugs or alcohol.
- Your pledge should be to prevent to the maximum extend possible, other soldiers within your unit fr[illegible] abusing drugs or alcohol.

Army Values VS Drugs & Alcohol

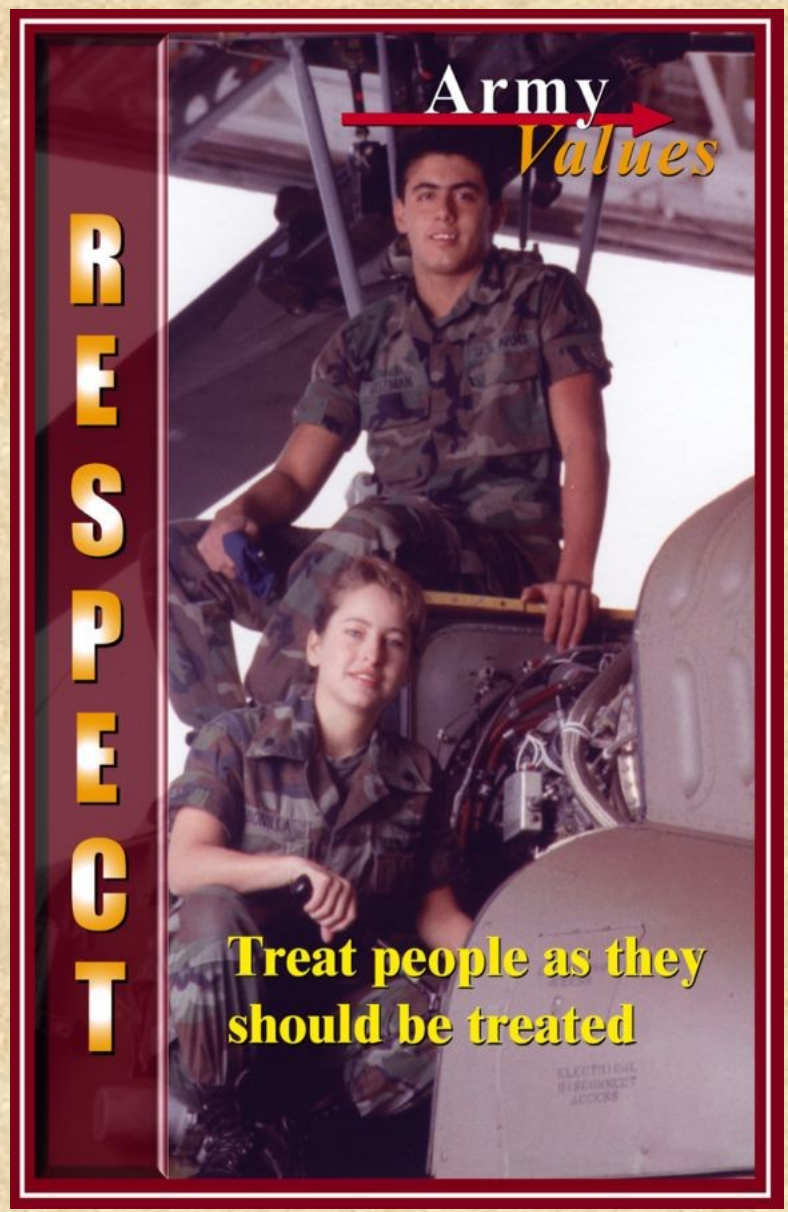
DUTY



- Every soldier needs to perform their duties as technically and tactically as possible. You cannot do your Duty if you are abusing drugs or alcohol.
- It is your Duty not to take illicit drugs and not to abuse alcohol.
- Its your duty to report soldiers who take illegal drugs or report to work drunk (your life and the lives of others may depend on it).
- Its your Duty not to drink alcohol if under the age of 21 or to provide alcohol to other soldiers under 21.

Army Values VS Drugs & Alcohol

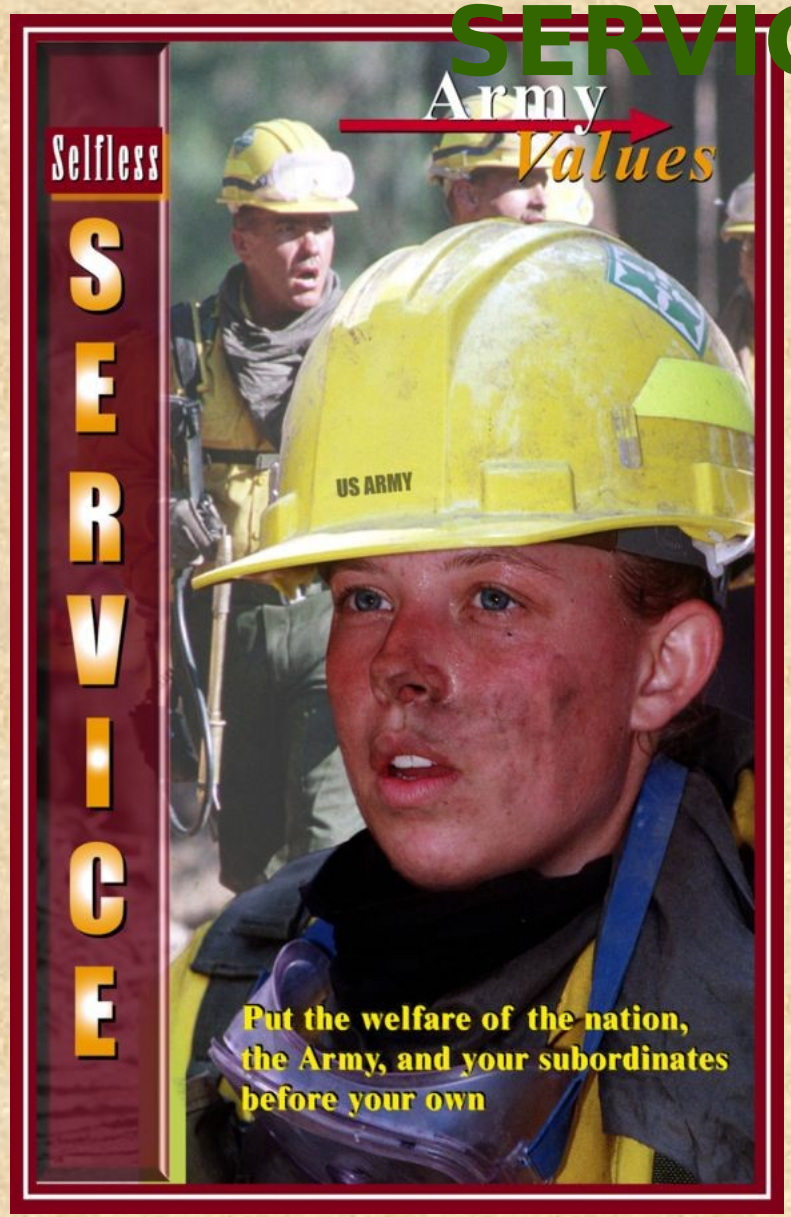
RESPECT



- You must show Respect for yourself by not abusing drugs or alcohol.
- You must Respect the lives of the soldiers around you by not abusing drugs and alcohol.
- Out of Respect for our Army, you should not defame all soldiers by portraying soldiers as drunks and drug abusers.
- By avoiding alcohol and drug abuse you show that you give your body, mind, and spirit the respect it deserves.

Army Values VS Drugs & Alcohol

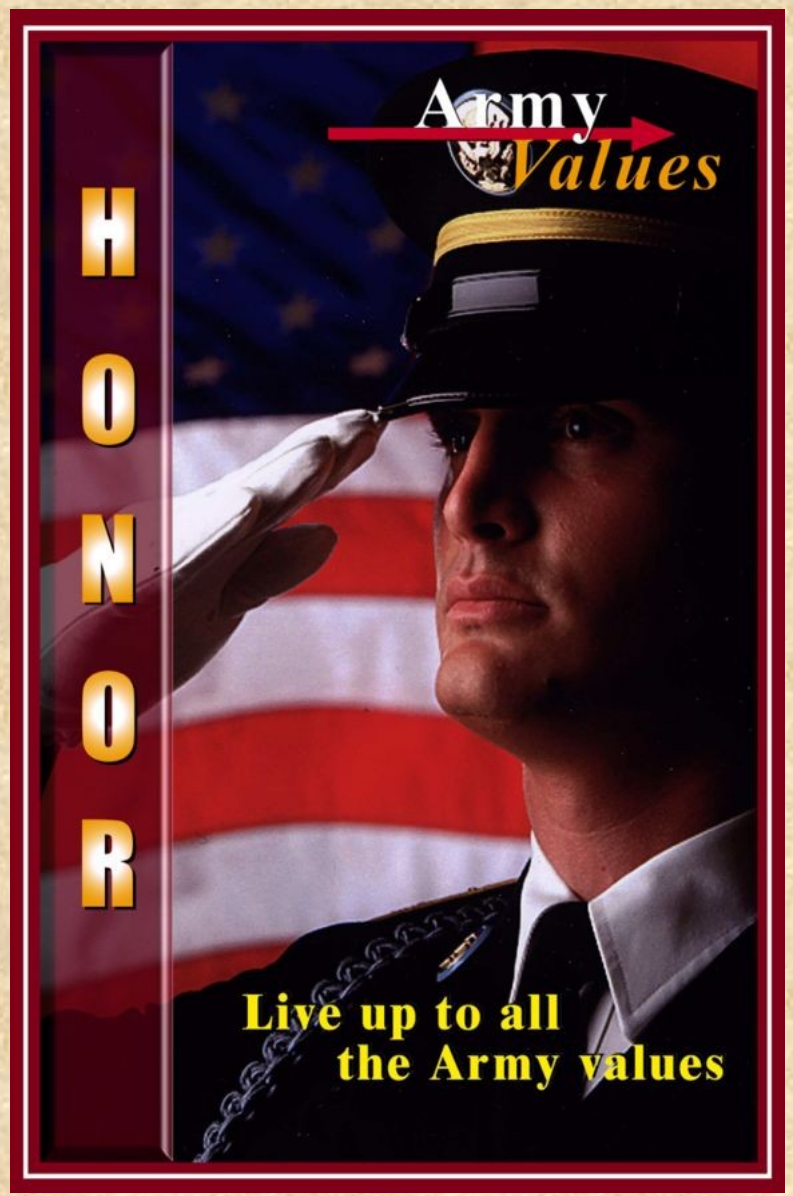
SELFLESS SERVICE



- Exhibit Selfless Service by encouraging others not to abuse alcohol and other drugs.
- Demonstrate your Selfless Service by supporting and if possible assisting in drug and alcohol abuse campaigns within your community (DARE, Red ribbon week, 3-D month).
- Demonstrate your Selfless Service by being a designated driver for other soldiers.
- Take the time to talk to another soldier that you believe might have a drug or alcohol problem and encourage them to get help, before its too late.

Army Values VS Drugs & Alcohol

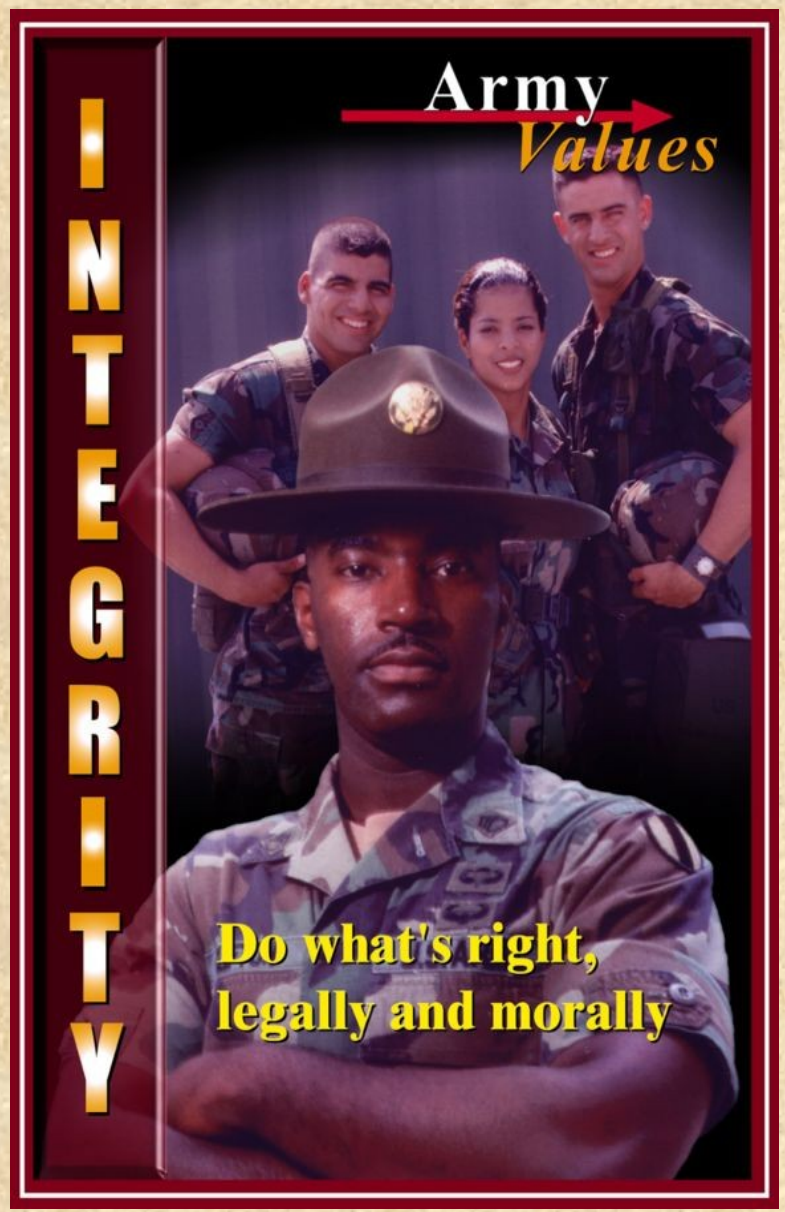
HONOR



- Honor America, the Army, your unit, and your fellow soldiers by helping to make our Army Drug Free.
- Help others to make honorable decisions not to use drugs or abuse alcohol.
- Demonstrate honorable behavior on and off duty and set the example for others to follow in regard to alcohol and drug abuse.

Army Values VS Drugs & Alcohol

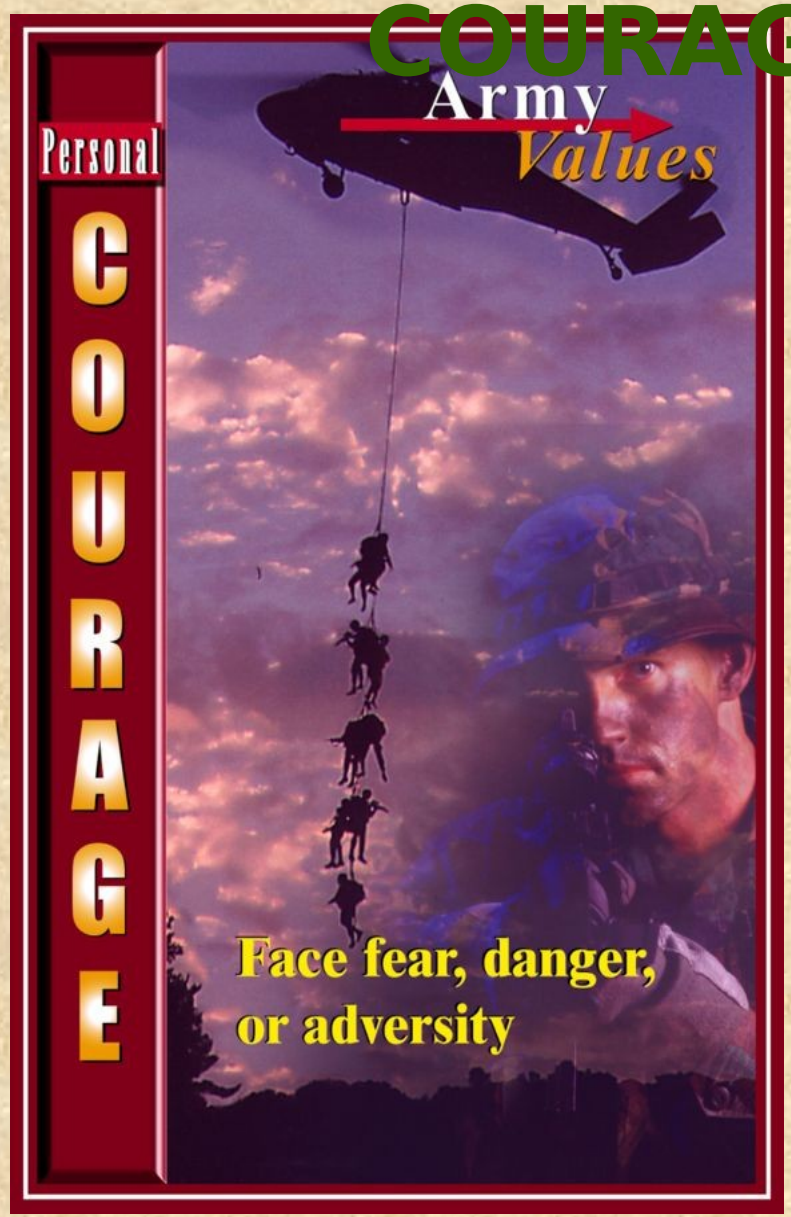
INTEGRITY



- **Demonstrate Integrity by identifying and complying with your legal and moral obligations:**
  - **Don’t use drugs**
  - **Don’t drink and drive**
  - **Report drug abusers**
  - **Don’t abuse alcohol**
  - **Don’t give alcohol to soldiers under 21**
  - **Don’t Drink if you are under 21**
  - **Don’t take someone else's prescription drugs**
  - **Don’t let anyone else take your prescription drugs**

Army Values VS Drugs & Alcohol

PERSONAL COURAGE



- Do the right thing despite possible repercussions from others.
- Have the personal courage to say no to drugs and/or alcohol.
- Have the courage to report other soldiers who are abusing drugs or alcohol.
- Have the courage to inform the chain of command of problems or concerns you have about Drugs and/or Alcohol within your unit.
- Have the personal courage to confront peers who are demonstrating unacceptable behavior due to drugs or alcohol.

Values and Leadership

- Exhibiting strong Army Values Demonstrates your Leadership qualities.
- All soldiers from PVT to General can be leaders in their unit; if you influence just one other soldier to do one more push-up, learn a new skill, or avoid drug and alcohol abuse then you are a leader.
- These values help make good soldiers, strong leaders, and an unbeatable Army.

QUESTIONS